



*Sharing Your Garden Bounty  
with Neighbors in Need*

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## You Can Fight Hunger in America

Over 50 million Americans rely on food pantries to help feed their families yet they rarely if ever have fresh produce for their clients.

Over 40 million gardeners across America grow fruit, vegetables, herbs and nuts - often more than they can use, preserve or give away.

### It does not have to be this way

The AmpleHarvest.org Campaign with support from Google, the USDA, the National Council of Churches as well as food banks across America, enables millions of gardeners and growers to share their excess harvest with neighborhood food pantries.

This **free** campaign has already registered more than 3,500 pantries across all 50 states with more signing up daily. For millions of Americans, it is the **only** way they'll get healthy, fresh food.

### Here are some ways you can help:

#### **Get your church food pantry added to AmpleHarvest.org.**

Talk to the food pantry manager at your church. Then find other food pantries in your community - possibly at another church, a YMCA or other civic location. Give them [AmpleHarvest.org/pantry](http://AmpleHarvest.org/pantry) and urge them to register today. Tell them they don't need refrigeration for freshly harvested produce and that AmpleHarvest.org is **totally FREE!**.

#### **Help others learn about AmpleHarvest.org.**

Put [AmpleHarvest.org/blogarticle](http://AmpleHarvest.org/blogarticle) in your church blog or newsletter

#### **Help local gardeners learn to share their ample harvest.**

Print [AmpleHarvest.org/gardenshop](http://AmpleHarvest.org/gardenshop) and post it a local garden shops, nurseries, supermarket bulletin boards, etc. to help gardeners learn about the opportunity to help the hungry.

#### **Help publicize the AmpleHarvest.org Campaign**

Ask your local media to visit [AmpleHarvest.org/press](http://AmpleHarvest.org/press) and do a story about people in the community wanting fresh produce for their families from the local food pantry.

#### **Help sustain AmpleHarvest.org**

Contributions from foundations, corporate grant programs or individuals help to sustain AmpleHarvest.org's work on a nationwide basis.



[info@AmpleHarvest.org](mailto:info@AmpleHarvest.org)

3-28-11-WaysToHelp

[Tel:AMPLE-6-9880](tel:614-698-9880)

AmpleHarvest.org, Inc. is a 501(c)3 charitable organization

*Within one hour of registering Community Resource Center on the AmpleHarvest.org website I received a call from a local family of four with 10 orange trees.*

#### **Community Resource Center Food Pantry, CA**

*AmpleHarvest.org has been a huge benefit to our partner agencies and has really helped getting fresh fruits to those in need.*

#### **Feeding America of San Diego, CA**

*We have been trying to find a good way to communicate to gardeners which food shelves they can donate to. I think ampleharvest.org is the missing link we have been looking for.*

#### **Second Harvest Heartland, MN**

*.. [our food bank] has sent your website and produce offer out to us....I do have to say "Hot Diggity!!"*

#### **LIFE Food Pantry, Loveland OH**