



Share Your Ample Harvest With A Food Pantry Near You!

Your Goal: "No Food Left Behind"

This guide illustrates how you can share your garden bounty with one of nearly 9,000 food pantries across America. **Even after FFF ends**

Social distancing is built into AmpleHarvest.org

Visit www.AmpleHarvest.org/feedback to see your donations at work

More information is available at www.AmpleHarvest.org/FFFFAQ



The days of "Jars, Cans, Boxes – No Fresh Food" have ended

Step 1/5

Start at www.AmpleHarvest.org/FFF

Encourage all federal employees to visit www.AmpleHarvest.org/FFF so they and their friends/neighbors can learn about donating freshly harvested food to a nearby food pantry. This year and for the rest of their gardening life.

Step 2/5

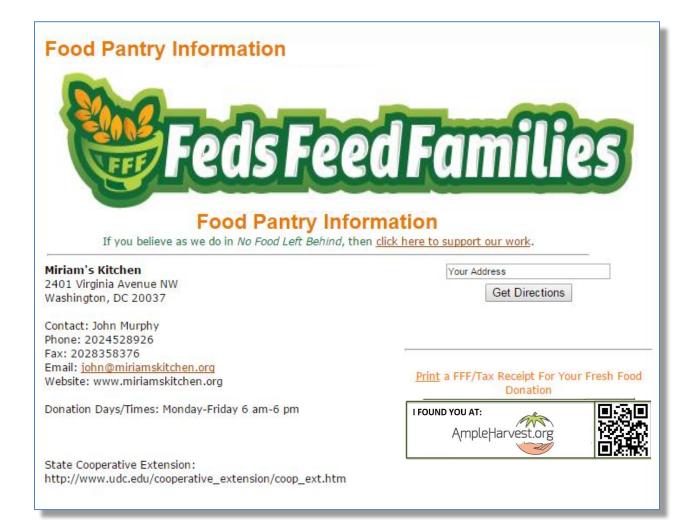
Enter your home zip code and press Search Locations to bring up a listing of pantries, soup kitchens, etc. near you.



Press the "More Information and Directions" link under the pantry you want to donate to.



Step 3/5



Take the food to the pantry when you harvest more than you can use, preserve or share with friends. For as long as you continue to garden.



Large and small donations are accepted.

Step 4/5

To report the donation to FFF as well as create a receipt for your tax reporting, press the QR code the lower right of the pantry page



Print two copies of the form: one for reporting to FFF and one as a charitable donation receipt for your income taxes.

Attach the top of one form



Step 5/5

Share your ample harvest with the food pantry and share your story with everyone else. Take a photo of your bounty and send it to IShared@AmpleHarvest.org. Be sure to put "This is an FFF donation" in the subject line".

