

feds **feed** families

Feds Fighting Hunger

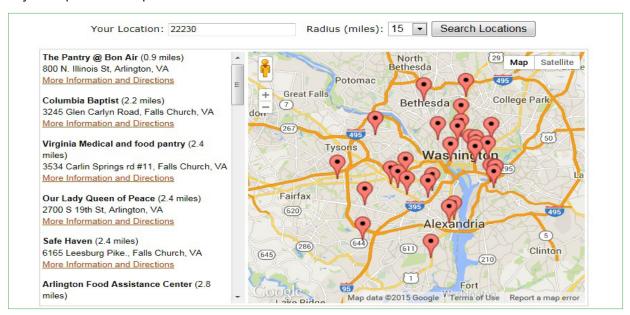


DONATE FRESH FOOD TO THOSE IN NEED

Did you know that you may donate fresh food to a pantry near you and also give credit to your agency towards the Feds Feed Families (FFF) food drive? AmpleHarvest.org, one of the FFF partners, is a network of nearly 7500 pantries across the United States. You will be able to go to a pantry near you and drop off fresh food that will be given to families and children in need. Also, this is a tax deductable donation. Even your non-gardening friends and family across America can use AmpleHarvest.org to help their own community by simply visiting www.AmpleHarvest.org/local.

Michelle Obama has partnered with AmpleHarvest.org for the Let's Move initiative, which encourages Americans to eat healthy. By reaching into your backyard you can help neighbors in need.

- 1. Start at www.AmpleHarvest.org/FFF
- 2. Enter your zip code and press 'Search Location'



- 3. Find a pantry you would like to donate to, then Click the 'More Information and Directions' link.
- 4. Print 2 copies of the donation form found on that page. Fill out the forms and itemize your donations. Staple one copy to the bag or box containing your donations.
- 5. Bring you donation to the pantry and have a pantry staff member sign both forms. Keep the second form for your tax deduction.

More detailed instructions can be found at www.ampleharvest.org/downloads/FFFGuide.pdf

To access the donation form easily, go to www.AmpleHarvest.org/FFFReport.