

#GivingTuesday

After the biggest shopping weekend of the year, millions of Americans are calling today ***Giving Tuesday***—a day for families and communities to come together and give back and help those in need. Lots of charities are asking for your support today. Here's why we think you should give back by giving to AmpleHarvest.org:

The problem

50 million of our neighbors across America suffer from childhood obesity, Type II diabetes and other malnutrition caused ailments. Or they are simply hungry.

They rely on a nearby food pantry and don't have the access to the fresh produce that you and I have. Without it, America's health will continue to decline.

Every dollar you donate to AmpleHarvest.org helps nourish 100 people. Yes – it is that easy.

Your support of our work says you believe that the

- Fresh food we already have in our communities should find its way to those with least access to it instead of just rotting in the garden
- Food pantries should be offering locally grown produce instead of processed food where possible
- Families across America should have access to the healthiest food they desire.

Especially when this food is fresh, free, and already in the community.

You can turn America's food waste into food wealth.

- Please visit www.AmpleHarvest.org/support. Your donation helps fund the staff and technology needed to support our work.
- Please visit www.AmpleHarvest.org/SkipTheFlowers. Learn how your holiday dinner can feed more than just your family.

The solution to hunger is in America's backyards.

