



Welcome to week 3 of GreenFaith's Sustainable Food Month. Last week we sent you resources to start a garden at your house of worship. Now - use that garden to fight hunger.

One out of every six Americans needs food assistance, but they can't get fresh food from their local food pantry.

AmpleHarvest.org is changing this trend by connecting gardeners to food pantries. The idea has spread — over 6,000 pantries from all 50 states are currently registered. These pantries receive fresh produce from gardeners in their area, and provide it to their clients

for free. This gets fresh produce to those who need it most, and reduces waste and methane emissions from decomposing vegetables. Gardeners reach into their backyard so those in need don't have to reach into their back pockets.

Here are 2 steps to get involved.

**First** - if your house of worship hosts a food pantry, <u>register the pantry</u> right now with AmpleHarvest.org. There's no charge and it takes less than 5 minutes to register. Or, to encourage your congregation's or pantry's leadership to get involved, you can share this <u>informational flier</u> or pass along the <u>AmpleHarvest.org video website</u>.

**Second** - encourage the gardeners in your community to donate fresh food to your pantry. Craft your own flier, using this <u>template</u>.

If you intend to register your food pantry with AmpleHarvest.org, <u>please</u> <u>let us know</u> —we love to hear your successes!

Fresh produce in the hands of those who need it, and less food going to waste. Now isn't that a good idea?

In faith,

Stacey Kennealy

Certification Program and Sustainability Director, and author, Repairing Eden

PS - Please make a contribution today to support GreenFaith's work.