

Thinking about a virtual FFF donation with Amazon.com?

Start with:  
[AmpleHarvest.org/Amazon](https://www.AmpleHarvest.org/Amazon)

You help a food bank while Amazon.com helps AmpleHarvest.org at no extra cost to you!



## Share Your Ample Harvest With A Food Pantry Near You!

### Your Goal: “No Food Left Behind”

This guide illustrates how you can share your garden bounty with one of nearly 7,500 food pantries across America. *Even after FFF ends!*

More information is available at [www.AmpleHarvest.org/FFFAQ](https://www.AmpleHarvest.org/FFFAQ)



The days of “Jars, Cans, Boxes – No Fresh Food” have ended

### Step 1/5

Start at [www.AmpleHarvest.org/FFF](https://www.AmpleHarvest.org/FFF)

## Step 2/5

Enter your home zip code and press **Search Locations** to bring up a listing of pantries, soup kitchens, etc. near you.

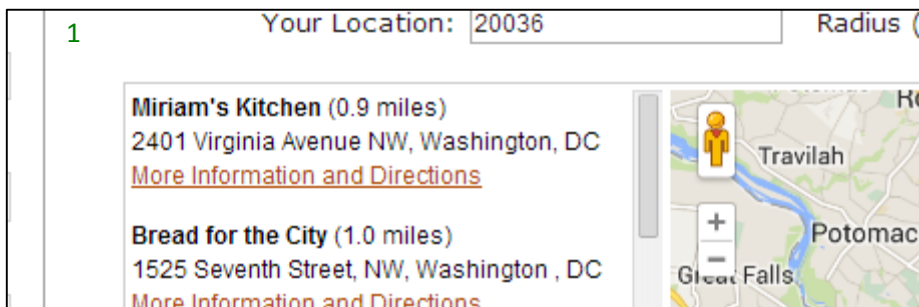


**feds feed families**  
Find A Food Pantry Accepting Fresh Food Donations  
Got Questions? [Check our FFF FAQ here.](#)

Your Location:  Radius (miles):  **Search Locations**

- Miriam's Kitchen (0.9 miles)**  
2401 Virginia Avenue NW, Washington, DC  
[More Information and Directions](#)
- Bread for the City (1.0 miles)**  
1525 Seventh Street, NW, Washington, DC  
[More Information and Directions](#)
- Joseph's House (1.2 miles)**  
1730 Lanier Place, NW, Washington, DC  
[More Information and Directions](#)
- So Others Might Eat (1.6 miles)**  
71 O Street NW, Washington, DC  
[More Information and Directions](#)
- Father McKenna Center (1.6 miles)**  
19 Eye Street NW Washington, Washington, DC  
[More Information and Directions](#)
- DC Central Kitchen (1.7 miles)**  
425 2nd Street NW, Washington, DC

Press the “More Information and Directions” link under the pantry you want to donate to.



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## Step 3/5

### Food Pantry Information



**feds feed families**  
**Food Pantry Information**

If you believe as we do in *No Food Left Behind*, then [click here to support our work](#).

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**Miriam's Kitchen**  
2401 Virginia Avenue NW  
Washington, DC 20037

Contact: John Murphy  
Phone: 2024528926  
Fax: 2028358376  
Email: [john@miriamskitchen.org](mailto:john@miriamskitchen.org)  
Website: [www.miriamskitchen.org](http://www.miriamskitchen.org)

Donation Days/Times: Monday-Friday 6 am-6 pm

State Cooperative Extension:  
[http://www.udc.edu/cooperative\\_extension/coop\\_ext.htm](http://www.udc.edu/cooperative_extension/coop_ext.htm)

Your Address

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[Print a FFF/Tax Receipt For Your Fresh Food Donation](#)

I found you on:  
**AmpleHarvest.org**<sup>SM</sup>  
*Sharing your garden bounty with Neighbors in Need*



Take the food to the pantry when you harvest more than you can use, preserve or share with friends. For as long as you continue to garden.

Large and small donations are accepted.



## Step 4/5

To report the donation to FFF as well as create a receipt for your tax reporting, press the QR code the lower right of the pantry page

**Food Pantry Information**

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Food Pantry Information

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[http://www.udc.edu/cooperative\\_extension/coop\\_ext.htm](http://www.udc.edu/cooperative_extension/coop_ext.htm)

Your Address

[Get Directions](#)

[Print a FFF/Tax Receipt For Your Fresh Food Donation](#)

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Print two copies of the form: one for reporting to FFF and one as a charitable donation receipt for your income taxes.

Attach the top of one form to the bag/box containing the food in so the pantry will know it came from an FFF donation. Keep the bottom half for tax your records.



Please have this part attached to the container with the food

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**AmpleHarvest.org**  
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Tear off below and retain for your records.

### Feds Feed Families Reporting Form and Charitable Donation Tax Receipt

Date				
Pantry Name				
Address				
Fresh Food Donated	Item	Pounds	Cost per pound at local store	Fair market value of donated food
	Plum Tomatoes	10	\$1.49 / lb.	\$14.90
Totals				
Food Pantry Signature				

**Instructions:** Itemize your donated fresh food information and then ask the food pantry staff to sign it. Make a photocopy of the form; place one copy in the FFF food collection box at your office and keep the second for your tax records. Lastly, please also send a scan/photocopy to [Jshared@AmpleHarvest.org](mailto:Jshared@AmpleHarvest.org) or fax it to 866-748-3516.

**Note:** Consult with your tax advisor concerning the deductibility of your food donations for federal and state taxes.

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## Step 5/5

Share your ample harvest with the food pantry and share your story with everyone else. Take a photo of your bounty and send it to [IShared@AmpleHarvest.org](mailto:IShared@AmpleHarvest.org). Be sure to put “This is an FFF donation” in the subject line”.

